



OUTPATIENT THERAPIST Full Job Description

Who are we?

Then And Now Integrated Care Center Inc, (Then and Now) is a small private counseling agency in Surprise, Arizona that offers in office and telehealth services for ages 5 and up. We offer individual and family sessions. We are growing and expanding to accommodate a welcome demand for mental health services.

Major Responsibilities: To provide individual, family, and group counseling to clients and their families.

Job Summary: The Therapist is responsible for providing mental health assessment, treatment planning, and counseling intervention services, as well as continually monitoring and documenting patient progress and outcomes. Responsible for providing outpatient counseling services to clients and their families. Responsible for intakes, assessment, treatment, and discharge planning, individual, family and group counseling, and family support services. Chart progress, maintains clinical records, and ensures implementation of treatment and discharge plans. Provides services to patients in outpatient or telehealth. Utilize clinically approved modalities, including but not limited to the use of Dialectical Behavioral Therapy (DBT), Behavioral Therapy (CBT), Solution Focused, Brief Solution, and Focused therapies in accordance with their training and certifications.

Job Responsibilities:

- Provide counseling services based on mental health, psychological and human development theories, principles, and techniques to adults, families, and groups
- Deliver psycho education to patients, providing information regarding mental health, emotional disorders, or behavioral health
- Participate in staffing, case conferences, or other meetings with or without the patient or the patient's
- Facilitate human development and adjustment; assess and facilitate career development; treat interpersonal relationship issues and nervous, mental, and emotional disorders that are cognitive, affective, or behavioral, and manage symptoms of mental illness
- Provide outreach and follow-up of services.
- Ensure the development and implementation of transition, discharge and aftercare plans prior to discontinuation of behavioral health services
- Maintain the patient's comprehensive clinical record, including documentation of activities performed as part of the service delivery process (E. G., Assessments, provisions of service, coordination of care, discharge planning).
- Provide continuous evaluation of the effectiveness of treatment through the ongoing assessment of the patient and input from the patient and relevant others resulting in modification to the service plan, as necessary

Qualifications:

- Experience in working with adults and/or children who have a wide range of emotional and behavioral challenges.
- Licensed Mental Health Professional with a full and unrestricted license in good standing in your state
- Master's degree or higher from an accredited university in the behavioral and mental health field
- Organizing abilities, quick and enthusiastic learner, excellent communicator, receptive to feedback, excellent time management